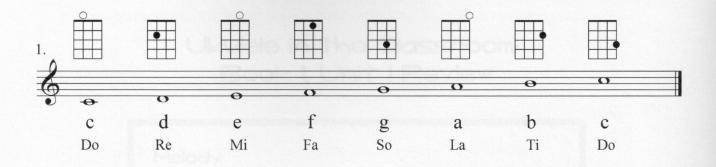
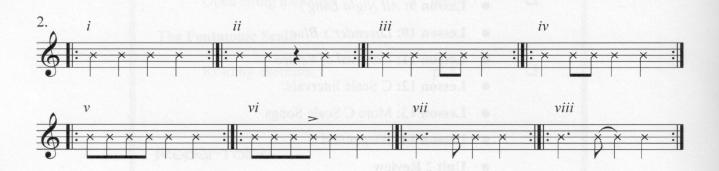
## Lesson 8: The C Scale



Play Exercise 1 forward and backward, then choose a rhythm from Exercise 2 and play it on each note of Exercise 1. Continue until you've learned every rhythm in Exercise 2.



Here are some more ways to practise the C scale. Name each note as you play it.

